

Psalms for Adults - Week 4

Here are some more trust psalms for you. Enjoy! - *Pastor Mike*

Psalm 11 - Our Protector

The Lord is my fortress!
Don't say to me,
"Escape like a bird
to the mountains!"
²You tell me, "Watch out!
Those evil people
have put
their arrows on their bows,
and they are standing
in the shadows,
aiming at good people.
³What can an honest person do
when everything crumbles?"

⁴The Lord is sitting
in his sacred temple
on his throne in heaven.
He knows everything we do
because he sees us all.
⁵The Lord tests honest people,
but despises those
who are cruel
and love violence.
⁶He will send fiery coals
and flaming sulfur
down on the wicked,
and they will drink nothing
but a scorching wind.

⁷The Lord always does right
and wants justice done.
Everyone who does right
will see his face.

Psalm 23 - The Good Shepherd

¹You, LORD, are my shepherd.
I will never be in need.
²You let me rest in fields
of green grass.
You lead me to streams
of peaceful water,
³and you refresh my life.

You are true to your name,
and you lead me
along the right paths.
⁴I may walk through valleys
as dark as death,
but I won't be afraid.
You are with me,
and your shepherd's rod
makes me feel safe.

⁵You treat me to a feast,
while my enemies watch.
You honor me as your guest,
and you fill my cup
until it overflows.
⁶Your kindness and love
will always be with me
each day of my life,
and I will live forever
in your house, LORD.

Psalm 62 - God Is Powerful and Kind

¹Only God can save me,
and I calmly wait for him.
²God alone is the mighty rock
that keeps me safe
and the fortress
where I am secure.

³I feel like a shaky fence
or a sagging wall.
How long will all of you
attack and assault me?
⁴You want to bring me down
from my place of honor.
You love to tell lies,
and when your words are kind,
hatred hides in your heart.

⁵Only God gives inward peace,
and I depend on him.
⁶God alone is the mighty rock
that keeps me safe,
and he is the fortress

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where I feel secure.
⁷ God saves me and honors me.
He is that mighty rock
where I find safety.

⁸ Trust God, my friends,
and always tell him
each one of your concerns.
God is our place of safety.

⁹ We humans are only a breath;
none of us are truly great.
All of us together weigh less
than a puff of air.

¹⁰ Don't trust in violence
or depend on dishonesty
or rely on great wealth.

¹¹ I heard God say two things:
"I am powerful,
¹² and I am very kind."
The Lord rewards each of us
according to what we do.

Psalm 125 - The LORD's People Are Safe

¹ Everyone who trusts the LORD
is like Mount Zion
that cannot be shaken
and will stand forever.

² Just as Jerusalem is protected
by mountains on every side,
the LORD protects his people
by holding them in his arms
now and forever.

³ He won't let the wicked
rule his people
or lead them to do wrong.

⁴ Let's ask the LORD to be kind
to everyone
who is good
and completely obeys him.

⁵ When the LORD punishes
the wicked,
he will punish everyone else

who lives a crooked life.
Pray for peace in Israel!

Psalm 129 - The LORD Has Set Me Free

¹ Since the time I was young,
enemies have often attacked!
Let everyone in Israel say:

² "Since the time I was young,
enemies have often attacked!
But they have not defeated me,
³ though my back is like a field
that has just been plowed."

⁴ The Lord always does right,
and he has set me free
from the ropes
of those cruel people.

⁵ I pray that all who hate
the city of Zion
will be made ashamed
and forced to turn and run.

⁶ May they be like grass
on the flat roof of a house,
grass that dries up
as soon as it sprouts.

⁷ Don't let them be like wheat
gathered in bundles.

⁸ And don't let anyone
who passes by say to them,
"The Lord bless you!
I give you my blessing
in the name of the Lord."