

Psalms for Adults - Week 3

The psalms below all belong to the genre (type) called **hymns of praise**. You could also call them **“God is good; you should get to know Him”** psalms. I encourage you to read one of these psalms each day this week. After you read it once, you may want to try reading it aloud to see if it feels any different. There are only five psalms, so if you read one a day, you will have to repeat some of them. That is intentional. I’ve chosen to use the Contemporary English Version for its simplicity and power. Enjoy! - *Pastor Mike*

Psalm 8 - The Wonderful Name of the LORD

¹ Our LORD and Ruler,
your name is wonderful
everywhere on earth!
You let your glory be seen
in the heavens above.
² With praises from children
and from tiny infants,
you have built a fortress.
It makes your enemies silent,
and all who turn against you
are left speechless.
³ I often think of the heavens
your hands have made,
and of the moon and stars
you put in place.
⁴ Then I ask, “Why do you care
about us humans?
Why are you concerned
for us weaklings?”
⁵ You made us a little lower
than you yourself,
and you have crowned us
with glory and honor.
⁶ You let us rule everything
your hands have made.
And you put all of it
under our power—
⁷ the sheep and the cattle,
and every wild animal,
⁸ the birds in the sky,
the fish in the sea,
and all ocean creatures.

⁹ Our LORD and Ruler,
your name is wonderful
everywhere on earth!

Psalm 84 - The Joy of Worship

¹ LORD God All-Powerful,
your temple is so lovely!
² Deep in my heart I long
for your temple,
and with all that I am
I sing joyful songs to you.
³ LORD God All-Powerful,
my King and my God,
sparrows find a home
near your altars;
swallows build nests there
to raise their young.
⁴ You bless everyone
who lives in your house,
and they sing your praises.
⁵ You bless all who depend
on you for their strength
and all who deeply desire
to visit your temple.
⁶ When they reach Dry Valley,
springs start flowing,
and the autumn rain fills it
with pools of water.
⁷ Your people grow stronger,
and you, the God of gods,
will be seen in Zion.
⁸ LORD God All-Powerful,
the God of Jacob,
please answer my prayer!

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⁹ You are the shield
that protects your people,
and I am your chosen one.
Won't you smile on me?

¹⁰ One day in your temple
is better
than a thousand
anywhere else.
I would rather serve
in your house,
than live in the homes
of the wicked.

¹¹ Our LORD and our God,
you are like the sun
and also like a shield.
You treat us with kindness
and with honor,
never denying any good thing
to those who live right.

¹² LORD God All-Powerful,
you bless everyone
who trusts you.

Psalm 100 - The LORD Is God

¹ Shout praises to the LORD,
everyone on this earth.
² Be joyful and sing
as you come in
to worship the LORD!

³ You know the LORD is God!
He created us,
and we belong to him;
we are his people,
the sheep in his pasture.

⁴ Be thankful and praise the LORD
as you enter his temple.

⁵ The LORD is good!
His love and faithfulness
will last forever.

Psalm 146 - Shout Praises to the LORD

¹ Shout praises to the LORD!
With all that I am,
I will shout his praises.

² I will sing
and praise
the LORD God
for as long as I live.

³ You can't depend on anyone,
not even a great leader.

⁴ Once they die and are buried,
that will be the end
of all their plans.

⁵ The LORD God of Jacob blesses
everyone
who trusts him
and depends on him.

⁶ God made heaven and earth;
he created the sea
and everything else.

God always keeps his word.

⁷ He gives justice to the poor
and food to the hungry.

The LORD sets prisoners free
⁸ and heals blind eyes.
He gives a helping hand
to everyone who falls.

The LORD loves good people
⁹ and looks after strangers.
He defends the rights
of orphans and widows,
but destroys the wicked.

¹⁰ The LORD God of Zion
will rule forever!
Shout praises to the LORD!

Psalm 150 - The LORD Is Good to His People

¹ Shout praises to the LORD!
Praise God in his temple.
Praise him in heaven,
his mighty fortress.

² Praise our God!

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His deeds are wonderful,
too marvelous to describe.

³ Praise God with trumpets
and all kinds of harps.

⁴ Praise him with tambourines
and dancing,
with stringed instruments
and woodwinds.

⁵ Praise God with cymbals,
with clashing cymbals.

⁶ Let every living creature
praise the LORD.

Shout praises to the LORD!